Course Description

Come to this year’s Review and learn about the latest developments that will change the way you treat your patients. More than 30 lectures and small group sessions will emphasize the state-of-the-art in diagnosis and treatment of mental illness. One focus of this year’s conference is the connection between mind and body in psychiatry and medicine. Special plenary and small-group sessions will emphasize how you can use both medications and psychotherapy for an integrated approach to patient care.

Speakers at this two-day conference will present the most important recent developments in the theory and practice of treatment. Special lectures will include approaches to mind-body interventions, biobehavioral treatment of eating disorders, development of affect regulation, treatment of fibromyalgia, as well as integrated approaches to sexual dysfunction.

Building on the success of last year’s conference, Dr. Michael Gitlin again will chair the special one-day intensive psychopharmacology course that places an emphasis on the latest news in drug selection and medication management. Another highlight of this year’s Review will be our luncheon plenary sessions. Dr. Park Dietz, one of the nation’s leading forensic psychiatrists, will speak Friday on "The Forensic Evaluation of Andrea Yates." On Saturday, noted author Dr. Jeffrey Schwartz will discuss "The Mind and the Brain: Neuroplasticity and the Power of Mental Force."

You will receive an extensive syllabus including detailed lecture outlines and reference materials. In addition, this year for the first time you will receive a "digital resource library" containing key articles and other educational materials that you can access on CD in your computer.

I hope to see you at our Seventh Annual Review in October.

Andrew Leuchter, M.D.
Conference Chair
Professor, Department of Psychiatry and Biobehavioral Sciences
Director, Division of Adult Psychiatry
UCLA Neuropsychiatric Institute
Los Angeles, California

Skirball Cultural Center

This year’s Review will be held at the Skirball Cultural Center in Brentwood. Nestled high in the Santa Monica Mountains, the Skirball Center contains a new state-of-the-art auditorium as well as small-group meeting rooms. A central courtyard and reflecting pool form an ideal venue for networking with colleagues, and relaxed interaction with faculty during the Friday evening reception. The Skirball is centrally located and is easily accessed from throughout the Los Angeles area, as well as from nearby hotels. There is ample free parking on site.
Planning Committee

Andrew F. Leuchter, M.D. (Chair)
Jan A. Cook, M.D.
Jennifer Danylyshyn
Pablo Davanzo, M.D.
Irene Goldenberg, Ed.D.
Colleen Hellige, R.N.
Victoria Hendrick, M.D.
Anand Kumar, M.D.

Unrestricted Educational Grants Were Received From:

Abbott Laboratories
Astra-Zeneca
Bristol-Myers Squibb
Cephalon Pharmaceuticals
Cyberonics
Eli Lilly and Company

Stephan Marder, M.D.
Mary Mossman
Kelly Nielson
Keith Nuechterlein, Ph.D.
Charles Reynolds, Pharm.D.
Amy Sanders
Margaret Stuber, M.D.
Cheryl Teplinksy, M.S.W.
Donna Wirshing, M.D.

Accreditation

Category I Continuing Medical Education (CME)
This is an activity offered by the UCLA NPI&H, a CMA-accredited provider. Physicians and Psychologists attending this course may report up to 13 hours of Category I credits toward the CMA’s Certificate in Continuing Medical Education and the AMA’s Physician’s Recognition Award.

Mandatory Continuing Education for Psychologists (MCEP)
Due to regulatory changes made by MCEP, psychologists will now receive CME certificates for their continuing education credit.

Social Workers and MFCCs/MFTs
NPI&H is an accredited provider for continuing education credits for LCSWs and MFCCs/MFTs (provider number PCE378). This course meets the qualifications for 13 hours of continuing education credit as required by the California Board of Behavioral Sciences.

Board of Registered Nursing Contact Hours
NPI&H is an accredited provider for continuing education credits for nurses (provider number CEP381). This course meets the qualifications for 13 hours of credit as required by the Board of Registered Nursing.

Pharmacy Credit
The University of California, Los Angeles is approved by the American Council of Pharmaceutical Education as a provider of continuing pharmaceutical education. Universal Program Number 291-000-02-005-L01 for 13.0 contact hours, 13.0 CEUs.
This activity was planned and produced in accordance with the Criterion and Standards of ACPE. In order to receive credit, participants must attend the entire activity. Certificate of attendance will be mailed within 5–6 weeks.
Course Outline

Friday, October 11, 2002

8:00  Registration, Breakfast, and Exhibits

8:30  Welcome
      Andrew F. Leuchter, M.D.

8:45  Mind-Body Interventions: Implications for Psychiatry and Medicine
      Michael Irwin, M.D.

9:30  Biobehavioral Treatment of Eating Disorders
      Michael Strober, Ph.D.

10:15 Break and Exhibits

10:45 The Development of Affect Regulation in Personality Disorders
      Mark Thompson, M.D.

11:30 Treatment of Fibromyalgia
      Andrew F. Leuchter, M.D.

12:15 Luncheon Plenary
      The Forensic Evaluation of Andrea Yates
      Park Dietz, M.D., M.P.H., Ph.D.

1:30  Small Group Sessions
      1. Side Effects of Antipsychotics and Physical Health
         Donna Wirshing, M.D.
      2. Current Issues and Controversies in ECT
         Randall Espinoza, M.D.
      3. SAMe, Methylation, and Mood Disorders
         Bruce Kagan, M.D.
      4. Clinical Markers of Change in Dynamic Therapy
         Mark Thompson, M.D.
      5. HIV-Related Psychiatric Illness
         John Williams, M.D.
      6. Chinese Medicine and the Mind/Body Concept
         Ka Kit Hui, M.D.

2:30 Break and Exhibits

3:00  Small Group Sessions
      7. Psychotropic Medications in Chronic and Cancer Pain
         Thomas Strouse, M.D.
      8. Cognitive Behavioral Treatment of OCD and Tourette Disorder in Children
         John Piacentini, Ph.D.
      9. Depression and Cardiovascular Disease
         Ian A. Cook, M.D.
     10. “Psychache” vs. Depression: Descartes’ Erratum
         Edwin Shneidman, Ph.D.
     11. Assessment and Treatment of Sleep Disorders
         Frisca Yan-Go, M.D.

4:00  Reception
Course Outline

Saturday, October 12, 2002

Our Saturday program consists of Small Group sessions and Psychopharmacology Update sessions. Please select in advance which session you would like to attend at each time, and indicate your choice on the enrollment form. You can attend a combination of Small Group and Psychopharmacology Update sessions throughout the course of the day.

8:00  Registration, Breakfast and Exhibits

8:30  Psychopharmacology Update

12. New Treatment Approaches to SSRI-Induced Sexual Side Effects
   H. George Nurnberg, M.D.

Small Group Sessions

13. Couples Therapy I: The Eight Different Couples Therapies
   Walter Brackelmanns, M.D.

14. Eight Steps to Optimizing Family Functioning
   David Feinberg, M.D., M.B.A.

9:30  Psychopharmacology Update

15. New Perspectives on Drug Dependence and Treatment
   Thomas Newton, M.D.

Small Group Sessions

16. Couples Therapy II: Separation, Divorce, and Remarriage Therapy
   Walter Brackelmanns, M.D.

17. Adolescent Substance Abuse
   David Feinberg, M.D., M.B.A.

10:30 Break and Exhibits

11:00 Psychopharmacology Update

18. Practical Update on Newer Antipsychotics
   Stephen Marder, M.D.

Small Group Sessions

19. The Neurobiology of “Gut Feelings”
   Emeran Mayer, M.D.

20. Grief and Grief Resolution
   David Wellisch, Ph.D.

12:00 Luncheon Plenary

   The Mind and The Brain: Neuroplasticity and the Power of Mental Force
   Jeffrey M. Schwartz, M.D.
1:15  Psychopharmacology Update
21. Seasonal Affective Disorder
   Alfred J. Lewy, M.D., Ph.D.

Small Group Sessions
22. Models of Sex Therapy
   Aaron Hass, Ph.D.
23. Stressful Life Events in Children
   Daniel A. Kupper, Ph.D.

2:15  Psychopharmacology Update
24. New Research in Perinatal Psychiatry
   Victoria Hendrick, M.D.

Small Group Sessions
25. Introduction to Dialectical Behavior Treatment of Borderline Personality Disorder
   Paula Stoessel, Ph.D.
26. Advances in the Treatment of Autism
   Betty Jo Freeman, Ph.D.

3:15  Break and Exhibits
3:30  Psychopharmacology Update
27. Mood Myths and Contrary Realities
   Michael Gitlin, M.D.

Small Group Sessions
28. Agitation in Dementia: Integrating Medication and Situational Approaches
   Stephen Read, M.D.
29. Adolescent Self-Mutilation
   Mark DeAntonio, M.D.

4:30  Adjournment
**Guest Faculty**

**Alfred J. Lewy, M.D., Ph.D.**  
Professor and Vice Chair,  
Department of Psychiatry  
Oregon Health & Science University

**H. George Nurnberg, M.D.**  
Professor and Executive Vice Chair  
Department of Psychiatry  
The University of New Mexico - Health Sciences Center -School of Medicine

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**UCLA Faculty**

**Walter E. Brackelmanns, M.D.**  
Associate Clinical Professor, Department of Psychiatry and Biobehavioral Sciences

**Ian A. Cook, M.D.**  
Assistant Professor, Department of Psychiatry and Biobehavioral Sciences

**Mark De Antonio, M.D.**  
Associate Clinical Professor, Department of Psychiatry and Biobehavioral Sciences  
Director, Adolescent Inpatient Service

**Park Dietz, M.D., M.P.H., Ph.D.**  
Clinical Professor, Department of Psychiatry and Biobehavioral Sciences

**Randall Espinoza, M.D., M.P.H.**  
Assistant Clinical Professor, Department of Psychiatry and Biobehavioral Sciences  
Director, Inpatient Geriatric Psychiatry and ECT Program

**David Feinberg, M.D., M.B.A.**  
Medical Director, UCLA Neuropsychiatric & Behavioral Health Services  
Associate Professor of Clinical Psychiatry, Department of Psychiatry and Biobehavioral Sciences

**Betty Jo Freeman, Ph.D.**  
Professor, Department of Psychiatry and Biobehavioral Sciences

**Michael Gitlin, M.D.**  
Professor of Clinical Psychiatry, Department of Psychiatry and Biobehavioral Sciences  
Director, Mood Disorders Clinic

**Aaron Hass, Ph.D.**  
Assistant Clinical Professor, Department of Psychiatry and Biobehavioral Sciences  
Professor of Psychology  
California State University, Dominguez Hills

**Victoria Hendrick, M.D.**  
Assistant Professor, Department of Psychiatry and Biobehavioral Sciences  
Director, Women's Mood Disorders Research Program

**Ka Kit Hui, M.D.**  
Director, UCLA Center for East-West Medicine  
Co-Director, UCLA Center for Integrative Medicine  
Professor, Department of Psychiatry and Biobehavioral Sciences
Michael Irwin, M.D.
Norman Cousins Professor, Department of Psychiatry and Biobehavioral Sciences
Director, Psychoneuroimmunology Center

Bruce Kagan, M.D., Ph.D.
Professor, Department of Psychiatry and Biobehavioral Sciences

Daniel A. Kupper, Ph.D.
Assistant Clinical Professor, Department of Psychiatry and Biobehavioral Sciences

Andrew F. Leuchter, M.D.
Professor, Department of Psychiatry and Biobehavioral Sciences
Director, Division of Adult Psychiatry
Chief of Staff, UCLA Neuropsychiatric Hospital

Stephen Marder, M.D.
Professor and Vice Chair, UCLA Department of Psychiatry and Biobehavioral Sciences
Chair, Department of Psychiatry; Director, MIRECC West LA Veterans Administration Medical Center

Emeran A. Mayer, M.D.
Professor, Departments of Medicine, Physiology and Psychiatry & Biobehavioral Sciences
Chair, UCLA Center for Integrative Medicine

Thomas Newton, M.D.
Associate Professor, Department of Psychiatry and Biobehavioral Sciences
Medical Director, Substance Abuse Program

John Piacentini, Ph.D.
Associate Professor, Department of Psychiatry and Biobehavioral Sciences
Director, Child OCD, Anxiety, & Tic Disorders Program

Stephen Read, M.D.
Associate Clinical Professor, Department of Psychiatry and Biobehavioral Sciences
Greater Los Angeles Veterans Healthcare System

Edwin S. Shneidman, Ph.D.
Professor Emeritus, Department of Psychiatry and Biobehavioral Sciences

Jeffrey M. Schwartz, M.D.
Research Psychiatrist, Department of Psychiatry and Biobehavioral Sciences

Paula Stoessel, Ph.D.
Associate Professor, Department of Psychiatry and Biobehavioral Sciences

Michael Strober, Ph.D.
Professor, Department of Psychiatry and Biobehavioral Sciences
Director, Eating Disorders Program
Director, Adolescent Mood Disorders Program

Thomas B. Strouse, M.D.
Director, Psychosocial Services and Cancer Pain Management Program
Cedars-Sinai Comprehensive Cancer Center
Assistant Clinical Professor, Department of Psychiatry and Biobehavioral Sciences

Mark Thompson, M.D.
Assistant Clinical Professor, Department of Psychiatry and Biobehavioral Sciences
Director, Los Angeles Psychoanalytic Institute

David Wellisch, Ph.D.
Professor, Department of Psychiatry and Biobehavioral Sciences

John K. Williams, M.D.
Assistant Research Psychiatrist, Department of Psychiatry and Biobehavioral Sciences

Donna Wirshing, M.D.
Associate Professor, Department of Psychiatry and Biobehavioral Sciences
Co-Chief, Schizophrenia Treatment Unit
West LA Veterans Administration Medical Center

Frisca Yan-Go, M.D.
Clinical Professor, Department of Neurology
Medical Director, UCLA Sleep Disorders Center
General Information

Dates: Friday and Saturday
October 11 and 12, 2002

Location: Skirball Cultural Center
2701 N. Sepulveda Blvd.
Los Angeles, California

Directions:
The Skirball Cultural Center is located in the Sepulveda Pass, just off the 405 Freeway on
North Sepulveda Boulevard near Mulholland Drive.

From the 405 Freeway, exit on Mulholland Drive. Turn right on Skirball Center Drive and right
on North Sepulveda Boulevard. Turn left into the North parking lot at Herscher Way. Parking
is free of charge. All course registrants will be mailed a detailed map.

Accommodations:
A list of nearby hotels is available upon request.

Course Fee:
Early registration must be postmarked by September 13, 2002.

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One-day fees are available. Call (310) 825-4781.

Enrollment

By Mail:
Use the form attached. For additional applications, use photocopies or separate sheets
giving all the information requested on the form.

Make Checks Payable to: Regents of the University of California

By Phone:
Use your MasterCard, VISA, American Express, or Discover Card by calling (310) 825-4781.

By Fax:
Send the complete enrollment form with charge card information and authorizing signature
to (310) 825-7642.

Online:
Register and pay online at http://www.annualreview.com.

Refund Policy:
A service charge of $50 is withheld from all refunds (refund in full if the conference is
cancelled, discontinued, or rescheduled). Refund requests must be in writing and post-
marked or faxed no later than October 1, 2002. Refunds are not issued for persons
who register but do not attend, unless a written request has been approved.

For Additional Information:
Contact Amy Sanders at (310) 825-4781 or amy@mentalhealth.ucla.edu
Enrollment Form (Please print clearly)

Name (First, Middle, Last)

Degree(s)

License Number

Field of Practice

UC Faculty Appointment

Organization/Affiliation

Mailing Address

☐ Home  ☐ Office

City/State/Zip  Daytime Phone Number

E-mail Address

Please rank three Small Group Session choices for Friday, October 11:

1:30 p.m. (1-6)       ____       ____       ____  3:00 p.m. (7-11)       ____       ____       ____

Please rank your choices for Small Group or Psychopharmacology Update Session by order of preference for Saturday, October 12:

8:30 a.m. (12-14)       ____       ____       ____  9:30 a.m. (15-17)       ____       ____       ____

11:00 a.m. (18-20)       ____       ____       ____  1:15 p.m. (21-23)       ____       ____       ____

2:15 p.m. (24-26)       ____       ____       ____  3:45 p.m. (27-29)       ____       ____       ____

We will make every effort to honor your preferences, but we cannot guarantee which sessions you will be assigned to due to limited seating capacity.

Amount Paid: __________

Indicate Payment Method:

☐ Check enclosed (payable to Regents of the University of California)

☐ MasterCard    ☐ VISA    ☐ American Express    ☐ Discover

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Signature: ________________________________

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